

25L AIR FRYER OVEN Recipe FUNCTION: Convection

CHEESE STICKS

Temperature: 180°C Cooking Time: 45 minutes Servings: 9

INGREDIENTS

1 pkt puff pastry 10ml olive oil Pinch of salt & ground pepper 4 tbsp white cheddar cheese Pinch of cayenne pepper to taste 5 tbsp Parmigiano-Reggiano cheese Sesame seeds

METHOD

- 1. Select the "CONVECTION" function and preheat the Russell Hobbs Air Fryer Oven to 180 degrees.
- 2. Line a baking sheet that fits into the cooking cavity with parchment paper or a silicone baking mat.
- 3. Place a sheet of frozen puff pastry dough onto a floured work surface and allow dough to thaw just until it can be unfolded.
- 4. Unfold dough into a flat sheet; brush the top of the puff pastry dough lightly with olive oil. Sprinkle salt, black pepper, and cayenne pepper onto the puff pastry sheet.
- 5. Grate and sprinkle the white Cheddar cheese and 3 tbsp Parmigiano-Reggiano cheese onto the dough, covering the surface. Top with a piece of plastic wrap; press cheese and seasonings firmly into the dough with your fingers or by laying a sheet pan onto the dough over the plastic and pressing it down.
- 6. Remove the plastic and use a sharp knife to cut the dough into three equal parts; then divide each third into three for a total of 9 breadsticks. Sprinkle a tablespoon of Parmigiano-Reggiano cheese over the sticks.
- 7. Roll the sticks lightly to even up their shapes, pick up and press any dropped cheese onto the surface.
- Pick up a dough strip, place it seasoned side down on the work surface, and twist from both ends 8 or 9 times to make a rolled tube of dough with the seasoned side out.
 Place the rolled breadsticks onto your prepared baking sheet.
- 9. Sprinkle the remaining Parmigiano-Reggiano cheese over the sticks. Roll the sticks lightly to even up their shapes finishing with any dropped cheese over the tops.
- 10. Bake in the preheated oven for about 5 minutes; flip and continue baking until the breadsticks are browned and crisp, about 5 more minutes. If you pick up a stick by one end and it drops, bake until sturdy. Allow them to cool down on a rack before serving.