

25L AIR FRYER OVEN Recipe FUNCTION: Turbo Convection

THAI FISH CAKES

Temperature: 200°C

Cooking Time: 46 minutes

Servings: 4

INGREDIENTS

250g firm white fish fillets (hake, haddock or cod) ¼t cup corn flour 2 tbsp fish sauce 1 tbsp ground pepper 2 tbsp sweet chill sauce 1 egg, lightly whisked ½ cup breadcrumbs 5 tbsp vegetable oil

METHOD

1 tbsp salt

- 1. Place the fish into the bowl of a food processor and process until smooth. Add the salt, pepper, corn flour, fish sauce, sweet chilli sauce and egg, process until well combined.
- 2. Add bread crumbs to mixture (add more if the mixture is too wet).
- 3. Scoop up a small amount of the mixture in your hand, about the size of a golf ball and press it into a round cake and set it down on a clean plate.
- 4. Repeat the process until you have formed all of your fish cakes, 8 fish cakes can be made from this recipe Refrigerate for 10 minutes to firm up.
- 5. Coat the Russell Hobbs Air Fryer Oven basket with cooking spray and place fish cakes into it
- 6. Bake the fish cakes using the "Turbo Convection" function for 10 minutes at 200 degrees.
- 7. Serve 2 per person, while still hot or once cooled down.

Chef's tip: It helps to rinse your hands every so often with cool water to prevent the mixture from sticking.